1:FAIL;2:UNACCEPTABLE;3:POOR;4:BELOW AVERAGE;5:AVERAGE;6:GOOD;7:VERY GOOD;8:EXCELLENT;9:EXCEPTIONAL;10:PERFECT											
STUDENT NAME:											
NEXT GRADE:											
UKE?											
Zempo Ukemi 6th Kyu+											
Zempo Hyaku Ukemi 5th Kyu+											
Kihon Dosa Rensoku 3rd Kyu+											
***Must be adapted for juniors**											
8th Kyu 1 Mon:											
+Migi Hanmi Kamae											
+Hidari Hanmi Kamae											
+Seiza Ho											
+Shikko											
+Koho Ukemi											
+Katate Koho Ukemi											
+Ryote Koho Ukemi											
8th Kyu 2 Mon:											
+Tai Sabaki											
+Suri Ashi											
+Den Guri Gaeshi											
8th Kyu 3 Mon:											
+Tai No Henko Ichi											
+Tai No Henko Ni											
+Niban Rensoku Dosa											
+Koho Kaiten Ukemi											
7th Kyu:											
+Hiriki No Yosei Ichi											
+Hiriki No Yosei Ni											
+Tai No Henko Rensoku Dosa											
+Ashisabaki											
7th Kyu 1 Mon:											
Katate Mochi Irimi Tsuki											
7th Kyu 2 Mon:											
Shomen Tsuki Ushiro Nage											
7th Kyu 3 Mon:											
Shomen Uchi Ikkajo Osae Ichi											
Shomen Uchi Ikkajo Osae Ni											

1:FAIL;2:UNACCEPTABLE;3:POOR;4:BELOW AVERAGE;5:AVERAGE;6:GOOD;7:VERY GOOD;8:EXCELLENT;9:EXCEPTIONAL;10:PERFECT											
STUDENT NAME:											
NEXT GRADE:											
UKE?											
Zempo Ukemi 6th Kyu+											
Zempo Hyaku Ukemi 5th Kyu+											
Kihon Dosa Rensoku 3rd Kyu+											
***Must be adapted for juniors**											
6th Kyu:											
+Shumatsu Dosa Ichi											
+Shumatsu Dosa Ni											
+Zempo Ukemi											
Katate Mochi Shihonage Ichi											
Katate Mochi Shihonage Ni											
6th Kyu 1 Mon:											
Yokomen Uchi Ikkajo Osae Ichi											
Yokomen Uchi Ikkajo Osae Ni											
6th Kyu 2 Mon:											
Ryote Mochi Tenchi Nage Ichi											
Ryote Mochi Tenchi Nage Ni											
6th Kyu 3 Mon:											
Mune Mochi Sokumen Irimi Nage Ichi											
Mune Mochi Sokumen Irimi Nage Ni											
5th Kyu:											
+Zempo Hyaku Ukemi											
Ryote Mochi Shihonage Ichi											
Ryote Mochi Shihonage Ni											
*Shomen Uchi Shihonage											
5th Kyu 1 Mon:											
Katate Mochi Ikkajo Osae Ichi											
Katate Mochi Ikkajo Osae Ni											
5th Kyu 2 Mon:											
Shomen Tsuki Irimi Nage Ichi											
Shomen Tsuki Irimi Nage Ni											
5th Kyu 3 Mon:											
Katate Mochi Kokyu Nage Ichi											
Katate Mochi Kokyu Nage Ni											

1:FAIL;2:UNACCEPTABLE;3:POOR;4:BELOW AVERAGE;5:AVERAGE;6:GOOD;7:VERY GOOD;8:EXCELLENT;9:EXCEPTIONAL;10:PERFECT											
STUDENT NAME:											
NEXT GRADE:											
UKE?											
Zempo Ukemi 6th Kyu+											
Zempo Hyaku Ukemi 5th Kyu+											
Kihon Dosa Rensoku 3rd Kyu+											
***Must be adapted for juniors**											
4th Kyu:											
Yokomen Uchi Shihonage Ichi											
Yokomen Uchi Shihonage Ni											
Kihon Dosa with Bokken											
Jiyu Waza - Shomen Tsuki											
4th Kyu 1 Mon:											
Mune Mochi Ikkajo Osae Ichi											
Mune Mochi Ikkajo Osae Ni											
4th Kyu 2 Mon:											
Shomen Tsuki Sokumen Irimi Nage Ichi											
Shomen Tsuki Sokumen Irimi Nage Ni											
4th Kyu 3 Mon:											
Shomen Uchi Irimi Nage Ichi											
Shomen Uchi Irimi Nage Ni											
3rd Kyu:											
+Kihon Dosa Rensoku											
Yokomen Uchi Kokyu Nage Ichi											
Yokomen Uchi Kokyu Nage Ni											
Jiyu Waza - Shomen Uchi											
3rd Kyu 1 Mon:											
*Katate Mochi Hiji Ate Kokyu Nage Ichi											
*Katate Mochi Hiji Ate Kokyu Nage Ni											
Kata Mochi Ikkajo Osae Ichi											
Kata Mochi Ikkajo Osae Ni											
Ken Suburi #1											
Ken Suburi #2											
Ken Suburi #3											

1:FAIL;2:UNACCEPTABLE;3:POOR;4:BELOW AVERAGE;5:AVERAGE;6:GOOD;7:VERY GOOD;8:EXCELLENT;9:EXCEPTIONAL;10:PERFECT											
STUDENT NAME:											
NEXT GRADE:											
UKE?											
Zempo Ukemi 6th Kyu+											
Zempo Hyaku Ukemi 5th Kyu+											
Kihon Dosa Rensoku 3rd Kyu+											
***Must be adapted for juniors**											
3rd Kyu 2 Mon:											
Katate Mochi Sokumen Irimi Nage Ichi											
Katate Mochi Sokumen Irimi Nage Ni											
Yokomen Uchi Irmi Nage Ichi											
Yokomen Uchi Irmi Nage Ni											
Ken Suburi #4											
Ken Suburi #5											
3rd Kyu 3 Mon:											
*Shomen Uchi Kote Gaeshi Ichi											
*Shomen Uchi Kote Gaeshi Ni											
*Shomen Uchi Hiji Ate Kokyu Nage Ichi											
*Shomen Uchi Hiji Ate Kokyu Nage Ni											
Ken Suburi #6											
Ken Suburi #7											
2nd Kyu:											
Ushiro Ryote Mochi Shihonage Ichi											
Ushiro Ryote Mochi Shihonage Ni											
Shomen Tsuki Ikkajo Osae Ichi											
Shomen Tsuki Ikkajo Osae Ni											
Jiyu Waza - Yokomen Uchi											

1:FAIL;2:UNACCEPTABLE;3:POOR;4:BELOW AVERAGE;5:AVERAGE;6:GOOD;7:VERY GOOD;8:EXCELLENT;9:EXCEPTIONAL;10:PERFECT											
STUDENT NAME:											
NEXT GRADE:											
UKE?											
Zempo Ukemi 6th Kyu+											
Zempo Hyaku Ukemi 5th Kyu+											
Kihon Dosa Rensoku 3rd Kyu+											
***Must be adapted for juniors**											
2nd Kyu 1 Mon:											
Shomen Uchi Sokumen Irimi Nage Ichi											
Shomen Uchi Sokumen Irimi Nage Ni											
*Yokomen Uchi Kote Gaeshi Osae Ichi											
*Yokomen Uchi Kote Gaeshi Osae Ni											
Jo Suburi #1 (Choku Tsuki)											
Jo Suburi #2 (Kaeshi Tsuki)											
Jo Suburi #3 (Ushiro Tsuki)											
Jo Suburi #4 (Tsuki Gedan Gaeshi)											
Jo Suburi #5 (Tsuki Jodan Gaeshi)											
2nd Kyu 2 Mon:											
*Shomen Tsuki Hiji Ate Kokyu Nage Ichi											
*Shomen Tsuki Hiji Ate Kokyu Nage Ni											
*Hanmi Hantachi Katate Mochi Shihonage Ichi											
Jo Suburi #6 (Shomen Uchi Komi)											
Jo Suburi #7 (Rensoku Uchi Komi)											
Jo Suburi #8 (Men Uchi Gedan Gaeshi)											
Jo Suburi #9 (Men Uchi Ushiro Tsuki)											
Jo Suburi #10 (Gyaku Yokomen Ushiro Tsuki)											
2nd Kyu 3 Mon:											
Shomen Tsuki Irimi Tsuki Ichi											
Shomen Tsuki Irimi Tsuki Ni											
Hanmi Hantachi Ryote Mochi Shihonage Ni											
Jo Suburi #11 (Katate Gedan Gaeshi)											
Jo Suburi #12 (Katate Toma Uchi)											
Jo Suburi #13 (Katate Hachi No Ji Gaeshi)											

1:FAIL;2:UNACCEPTABLE;3:POOR;4:BELOW AVERAGE;5:AVERAGE;6:GOOD;7:VERY GOOD;8:EXCELLENT;9:EXCEPTIONAL;10:PERFECT											
STUDENT NAME:											
NEXT GRADE:											
UKE?											
Zempo Ukemi 6th Kyu+											
Zempo Hyaku Ukemi 5th Kyu+											
Kihon Dosa Rensoku 3rd Kyu+											
***Must be adapted for juniors**											
1st Kyu:											
Ushiro Ryote Mochi Ikkajo Osae Ichi											
Ushiro Ryote Mochi Ikkajo Osae Ni											
Ryote Mune Mochi Ikkajo Osae Ichi											
Ryote Mune Mochi Ikkajo Osae Ni											
Jiyu Waza - Katate Mochi											
1st Kyu 1 Mon:											
Hiji Mochi Sokumen Irimi Nage Ichi											
Hiji Mochi Sokumen Irimi Nage Ni											
*Shomen Tsuki Kote Gaeshi Osae Ichi											
*Shomen Tsuki Kote Gaeshi Osae Ni											
Jo Suburi #14 (Hasso Gaeshi Uchi)											
Jo Suburi #15 (Hasso Gaeshi Tsuki)											
Jo Suburi #16 (Hasso Gaeshi Ushiro Tsuki)											
Jo Suburi #17 (Hasso Gaeshi Ushiro Uchi)											
Jo Suburi #18 (Hasso Gaeshi Ushiro Harai)											
1st Kyu 2 Mon:											
Ryote Mochi Kokyu Nage Ichi											
Ryote Mochi Kokyu Nage Ni											
Ushiro Ryote Mochi Kokyu Nage Ichi											
Ushiro Ryote Mochi Kokyu Nage Ni											
Jo Suburi #19 (Hidari Nagare Gaeshi Uchi)											
Jo Suburi #20 (Migi Nagare Gaeshi Tsuki)											
1st Kyu 3 Mon:											
Jiyu Waza - Ryote Mochi											
31 Jo Kata											