

Ken Shin Kai - Junior Newsletter

LATEST NEWS!

- We hope you all had a great Christmas break and are now back into your Aikido training.
- We are trialing an intermediate class for 3 months on Sunday mornings 11.00am to 12.00pm. This class is open to members and new starters aged 12+. Adults may also participate in this class and leave at 12.00pm if they wish or stay on until the end of the adult class at 1.00pm.
- Grading and Cancellation dates for 2019 are **listed on the back of this newsletter**, please update your calendars. All dates are also available on the website (members) page in the "Upcoming Events" and "Cancellations" lists.
www.kenshinkai.org.uk/members.aspx

UPCOMING CANCELLATIONS

See back for FULL list of cancellations

SUNDAY 17TH MARCH

Junior class is cancelled for an away seminar.

FRIDAY 31ST MARCH

Junior class is cancelled for an away seminar.

FRIDAY 19TH & SUNDAY 21ST APRIL

Junior classes are cancelled for easter weekend.

UPCOMING EVENTS

JUNIOR GRADING WEEKEND

FRIDAY 8TH MAR - 7.00PM TO 8:00PM

SUNDAY 10TH MAR - 10.00AM TO 11.00AM

ADMIRAL LORD NELSON SCHOOL, PORTSMOUTH, PO3 5XT
SPECTATORS WELCOME. NORMAL CLASSES ARE CANCELLED.

REGULAR JUNIOR CLASSES

Please check website [cancellations](#) page before travelling to classes!

(Please arrive 10 minutes before the start time)

Friday (Juniors 7yrs+): 7.00PM TO 8.00PM

Sunday (Juniors 7yrs+): 10.00AM TO 11.00AM

Sunday (Juniors 12yrs+): 11.00AM TO 12.00PM

@ Admiral Lord Nelson School, PO3 5XT.

GRADING WEEKEND

Friday 8th & Sunday 10th
MARCH

The next junior gradings will be held at ALNS (Portsmouth) on **Friday 8th** and **Sunday 10th March**. Spectators welcome.

Members will be invited by letter (to the Friday or Sunday grading), if it is felt that they are ready (based on session count, attitude, technical knowledge, consistent training, ability to uke/ukemi).

**** Please remember that not everyone will be ready to grade at every grading examination ****

NB: You do not need to attend on the grading dates, if you have not been invited to test.



INTERMEDIATE CLASS

- Three-month trial January to March on Sundays
- Open to junior members and new starters aged 12+ years from 11am to 12pm
- Also open to adult members 16+ years and new starters who can choose to finish at 12.00pm or continue until 1pm.
- No additional charges during the trial period
- A review will take place end of March to see if the class will continue based on numbers

CANCELLATIONS

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www.kenshinkai.org.uk/cancellations.aspx